

September 16, 2017

5k Run/Walk and Kids Run

BEGINS AT: ..... Amery Pavilion/Soo Line Park

REGISTRATION: ... 7:00-7:45 on Race Day near City Hall on Harriman Ave
On-line registration available at: runsignup.com

RACE TIME: ..... Kids Run at 7:30 AM. 5k at 8:00 AM. Chip timing by Performance Timing, LLC

COURSE: ..... The course is out and back, starting and finishing near the Amery Pavilion/Soo Line Park

AWARDS: ..... All 5k finishers receive Dri-fit shirt. Awards to overall 5k male and female winners.
5k age group awards 0-19, 20-29, 30-39, 40-49, 50-59, 60+ (top 3 in each age group)
Kids Run- all kids receive a medal and T-shirt, awards to top 3 overall Boys and Girls

ENTRY FEE: ..... 5k-\$20.00 before September 15, 2017, \$25.00 on race day
Kids Run-\$10.00 before September 15, 2017, \$15.00 on race day

INFORMATION:..... Please call Tony at 715-268-3295 or Laurie at 715-268-3287.

REGISTRATION FORM

Name: ..... Age (Race Day): ..... Sex: M or F

Address: ..... Phone: .....

City: ..... State: ..... Zip: .....

Email Address: .....

Shirt Size (circle one only) S M L XL

In consideration of this entry, I the undersigned, intending to be legally bound hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against the City of Amery, the Town of Lincoln and Polk County, and their representatives, successors and assigns for any and all injuries suffered by me in said event. Further, I hereby grant full permission to any and all of the foregoing to use any photographs or any other records of this event for any purpose.

Signature: .....

Signature of parent / guardian if participant is under 18 years of age: .....